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AMENDMENTS TO THE CLAIMS

Claims 1-19 canceled.

20. (New) A method of preventing and/or treating human obesity, said method comprising ingesting a composition containing, calculated on dry matter:

10-100 wt% protein hydrolysate originating from a non-mammalian source;

0-90 wt.% intact protein;

0-50 wt.% carbohydrate; and

wherein hydrolysed protein and intact protein together are present in a concentration (w/w) that exceeds the carbohydrate concentration (w/w).

21. (New) A method of preventing and/or treating lipid metabolism disorders in humans, said method comprising ingesting a composition containing, calculated on dry matter:

10-100 wt% protein hydrolysate originating from a non-mammalian source;

0-90 wt.% intact protein;

0-50 wt.% carbohydrate; and

wherein hydrolysed protein and intact protein together are present in a concentration (w/w) that exceeds the carbohydrate concentration (w/w).

22. (New) A cosmetic method of stimulating and/or improving body weight reduction in order to improve the human body appearance, said method comprising ingesting a composition containing, calculated on dry matter:

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10-100 wt% protein hydrolysate originating from a non-mammalian source;

0-90 wt.% intact protein;

0-50 wt.% carbohydrate; and

wherein hydrolysed protein and intact protein together are present in a concentration (w/w) that exceeds the carbohydrate concentration (w/w).

- 23. (New) The method of claim 20, wherein the composition contains the protein hydrolysate and the optional carbohydrate in a weight ratio of more than 1:3.
- 24. (New) The method of claim 20, wherein the composition contains the protein hydrolysate and the optional carbohydrate in a weight ratio of more than 1:1.
- 25. (New) The method of claim 20, wherein the composition contains 0-30% carbohydrate by weight of dry matter.
- 26. (New) The method of claim 20, wherein the composition contains 20-80% intact protein by weight of dry matter.
- 27. (New) The method of claim 20, wherein the composition contains between 0.5 and 5% rapidly and/or moderately absorbed carbohydrates by weight of dry matter and optionally contains slowly absorbed carbohydrates.

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28. (New) The method of claim 27, wherein the rapidly absorbed carbohydrates are selected from glucose, sucrose, maltose, and mixtures thereof, the moderately absorbed carbohydrates are selected from fructose, mannose, maltodextrin, white flour, wheat flour, and mixtures thereof, and the slowly absorbed carbohydrates are selected from raw corn starch, high amylose corn starch, modified starch, and mixtures thereof.

- 29. (New) The method of claim 27, wherein the composition contains slowly absorbed carbohydrates in a concentration (w/w) that exceeds the combined concentration (w/w) of rapidly and moderately absorbed carbohydrates by at least a factor 2.
- 30. (New) The method of claim 20, wherein the composition is selected from the group consisting of beverages, snacks and soups.
- 31. (New) The method of claim 20, comprising ingesting the composition between 0.5 and 2 hours prior to the next meal.
- 32. (New) The method of claim 20, comprising ingesting the composition in an amount equivalent to at least 5 g, preferably at least 10 g of the combination of protein hydrolysate and intact protein per serving.

- 33. (New) The method of claim 20, wherein the protein hydrolysate is a vegetable protein hydrolysate, preferably a hydrolysate of a vegetable protein selected from the group consisting of pea protein, rice protein, soy protein and combinations thereof.
- 34. (New) A nutritional beverage containing:
 - 0.5-10 wt.% hydrolysed protein from a non-mammalian source;
 - 0-10 wt.% intact protein;
- 0.5-5 wt.% carbohydrates; artificial sweetener; flavouring; and at least 80 wt.% water; wherein hydrolysed protein and intact protein together are present in a concentration (w/w) that exceeds the carbohydrate concentration (w/w).
- 35. (New) Nutritional beverage according to claim 34, wherein hydrolysed protein and intact protein together represent at least 5 wt. % of the beverage.
- 36. (New) A savoury snack product containing:
 - 3-50 wt.% hydrolysed protein from a non-mammalian source;
 - 10-80 wt.% intact protein;
 - 0-50 wt.% carbohydrate;
 - 0.3-3 wt.% salt; and
 - 0.1-20 wt.% water;

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wherein hydrolysed protein and intact protein together are present in a concentration (w/w) that exceeds the carbohydrate concentration (w/w).

- 37. (New) Snack product according to claim 36, wherein the product contains 1-20 wt.% dietary fibre.
- 38. (New) A soup containing:
 - 0.5-20 wt.% hydrolysed protein from a non-mammalian source;
 - 0.5-29 wt.% intact protein;
 - 0-20 wt.% carbohydrate;
 - 0.1-2 wt.% salt; and
 - at least 70 wt.% water;

wherein hydrolysed protein and intact protein together are present in a concentration (w/w) that exceeds the carbohydrate concentration (w/w).